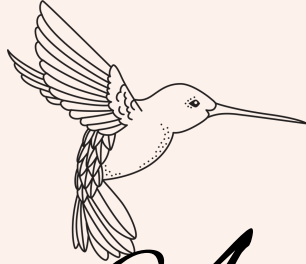


The Art of Sacred Ritual & Shamanic Ceremony

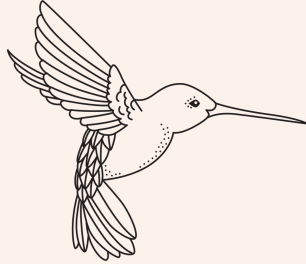


by Natalie McIvor



The Art of Shamanic Ceremony



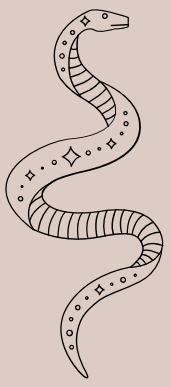


A guide to creating shamanic ritual to
support your sacred journey,
with Natalie McIvor



Shamanic ceremony & ritual has been used throughout the ages as a pathway to connect with the ancestors, shamans, medicine men/women and healers who have passed before us.

When we pause and call for them, they will whisper their guidance, wisdom and knowledge to show us the inner path for our own shamanic healing.



If you're drawn to ancient sacred practices like me, your path may be similar to my own.

When I discovered the Munay Ki rites – the sacred practices & archetypes of the lineage of the Laika of Peru, my life changed instantly.

I was honoured to have received the 9 Munay Ki rites and am now able to share these Rites with others in my retreats & workshops.



The **Munay-Ki** Rites are the nine **rites** of initiation to become a person of wisdom and power who has accepted the stewardship for all creation.”

Alberto Villoldo.

These rites begin your journey by activating your inner shaman and lighting your shamanic path. They also connect us with our power animals, the earth, elements, four directions and ancestors of all times.

The 9 Rites of the Munay Ki

The 9 Rites are;

- Seers Rite
- Harmony Rite
- Bands of Power
- Healers Rite
- Daykeepers Rite
- Wisdomkeepers Rite
- Earthkeepers Rite
- Starkeepers Rite
- Creator Rite



What would the Munay Ki rites heal & ignite for you personally & professionally?

Every Culture of the world has its own shamanic practices, prayers and processes.



You may be drawn to any and many of them, always follow your heart, soul and curiosity when exploring the practices you wish to follow.

My Shamanic rituals involve working with cacao and connecting with the archetypes of jaguar, serpent, hummingbird & eagle.

When we connect with these power animals, we can draw on their gifts, wisdom, strength and power and become one with them.

The Serpent shows us the path forward, the path of transformation and to how to shed the past.



The Jaguar protects us, guides us and activates our power centre.

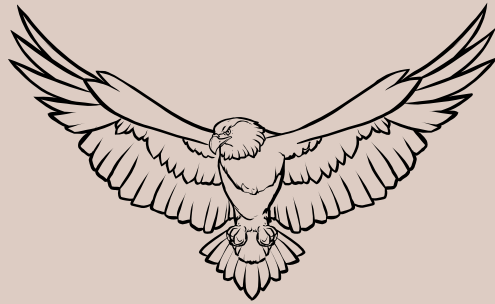
The Hummingbird reminds us to be playful, joyful and loving.

The Eagle opens our heart and draws our energy beyond our physical body and the physical world, guides us to connect with all that is.

Our power animals, show us the path forward, connect us with our lineage and support our shamanic journey in this lifetime.

Which power animal can you call on today to support your life?

SACRED FIRE RITUAL TO CONNECT WITH YOUR SPIRIT ANIMAL



A great way to connect with your power animals is through Shamanic rituals such as this Fire Ritual.

You will need;

candle or fire an open heart and a clear intention to call in your power animal archetype to guide your shamanic path.

Sit or stand in front of your candle or fire & gaze into the flame.

Breathe slowly and deeply in and out of the nose and feel the breath opening your heart.

Scoop your hands over the flame and draw the energy of fire into your heart a few times as you mentally or vocally call in your power animal.

Close your eyes and simply invite them to connect with you through the element of fire.

Once you have a sense that they are there, ask them for any messages or guidances you seek, tell them your wishes & dreams, ask them to help you release what no longer serves.

Sit with their energy, their presence and allow yourself to connect with the medicine of your power animal. Do you feel the presence of any or all of these archetypes?

Before you end your journey with your archetype declare to the flames the person you are ready to become;
eg I am ready to embrace the power within, I am ready to walk the shamans path, I am committed to my spiritual path.

Gaze into the flames and feel the comfort of sacred earth beneath you, the air around you, the fire within you, and the water that nourishes and cleanses you.

Know, that you are one with spirit.



" I recently received the Munay Ki Rites from Natalie and discovered parts of myself I didn't know existed. I began to recall memories long forgotten, my intuition heightened and I felt a deep sense of love and forgiveness for situations that had happened in my past. I feel like I am changing every day into the true version of myself" x MS

Are you ready to work with me and immerse yourself in the Munay Ki Rites and learn other shamanic practices, rituals and processes?

You can attend one of my 4 day Shamanic Ceremony Women's Retreats -

Arthurs Seat Victoria - 6-9th June 2025

York, Western Australia

25-28th July 2025

Glenelg Sth Australia

17-20th October 2025

***Curious about Cacao and
Ceremony?***

***Accredited Cacao Facilitator
training available online and
face to face.***

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payment plan, afterpay available

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